



Plymouth Social Isolation Forum
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Tasks and Vision of Plymouth Social Isolation Forum

Plymouth to be a place where we can all have strong social relationships, where families, friends and communities support each other, especially at vulnerable times when people are at greater risk of loneliness. And where loneliness is recognised and acted on without stigma or shame, so that we all look out for one another.

In order to achieve this vision the Forum will:

1. be a facilitating organisation;
2. organise events, such as the recent conference and exhibition, and respond quickly to needs for different kinds of events on topics identified by members of the forum;
3. keep an up-to-date record of what is available in Plymouth and surrounding areas and know who at particular organisations it is best to liaise with;
4. facilitate the delivery, by other organisations and individuals, of various approaches to alleviating isolation and loneliness;
5. ensure that good ideas and activities are shared where appropriate;
6. signpost people to organisations and people who can help but follow up any introductions to ensure a person needing help was not let down or worse was spoken to in a brusque manner or worse. In some cases, provide someone to go along with a person to make the initial introduction;
7. be receptive to new ideas and be prepared to abandon ideas that aren't working.;
8. raise money which can be used to employ people and to run events as well as help smaller organisations, often with excellent services but with limited funds to deliver these services. This is necessary because for convenience, money is often given to the larger more well-founded organisations and the smaller groups are constantly having to chase money to keep going;
9. campaign for increased resources to enable activities such as social prescribing to thrive and continue.

If you or your organisation would like to become a member then please email the following information:

1. Organisation name and names of two people who can represent the organisation.
2. Contact address, contact email and website
3. A short description of what your organisation does.
4. Date of submission